

II. Trauma -Informed Spaces: Building Responsive Programs



TRAINING DESCRIPTION:

Many individuals who work in justice systems feel a strong desire to help those who are

going through difficult times. Despite their good intentions most of the times individuals lack appropriate training when it comes to being trauma-informed. Being trauma-informed means to understand the impact of trauma and to integrate this knowledge into policies, procedures and practices.

To understand the impact of trauma, one must learn how to recognize the signs and symptoms of trauma and understand how traumatic events can influence a person's behaviors, emotions and mental health. A trauma-informed approach emphasizes creating safety for individuals who have experienced trauma.

This 1-day training program is designed to equip your staff with the necessary knowledge and tools to create a trauma-informed space. These techniques will help individuals feel confident as they are working with individuals who have experienced trauma.

At the end of the training, trainees will:

- **Understand trauma**
- **Be aware of trauma-informed policies**
- **Learn how to communicate in a trauma informed manner**
- **Learn how to avoid re-traumatization**
- **Participate in case studies and role playing**
- **Learn about resources and how to support individuals who have experienced trauma**

[1-DAY 8-HOUR TRAINING]

IIA. Train the Trainer

TRAINING DESCRIPTION:

During this training, our dedicated team of WEI trainers will skillfully guide your organization's trainers and leaders through the trauma informed training. They will empower your staff to implement this method effectively.

The benefits of this comprehensive training program are manifold:

1. **Efficiency and Cost-Effectiveness**

By equipping your trainers and leaders with in-depth knowledge, your organization can avoid the need for multiple training sessions. This streamlined approach is not only efficient but also remarkably cost-effective.

2. **Ongoing Support and Guidance**

We offer continuous supervision for your training staff. This means any questions or concerns that arise during the implementation of the trauma training will be promptly addressed. Your team will receive the necessary support to ensure a smooth transition.

3. **Enhanced Trust and Buy-In**

When your own trainers convey *Trauma-Informed Spaces: Building Responsive Programs*, it fosters a sense of trust and credibility within your organization. This organic approach leads to greater buy-in from staff, ensuring a more seamless integration of these coaching practices.

Partnering with us means not only receiving top-notch training but also nurturing a culture of collaboration, trust, and growth within your organization. Let's embark on this transformative journey together!

[2-DAY 16-HOUR TRAINING]

FOR TRAINING INFORMATION, CONTACT:

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